



CELTIC
ROSS
HOTEL

Breakfast Menu

Full Breakfast.....€18.95
Continental Breakfast.....€14.95

Thank you to our
suppliers

Caherbeg Free
Range Pork &
Rosscarbery
Recipes owned by
the Allshire
Family, Woodcock
Smokery, West
Cork Eggs,
Shannon Vale
Foods, Gubbeen
Cheese, Durrus
Cheese,
Skeaghanore
West Cork Farm,
Shellfish De La
Mer, Clóna Dairy,
Allfresh
Wholesale,
Glenmar Shellfish
Ltd and La Rousse
Foods

ALLERGENS

- 1 Cereals containing
gluten
- 2 Crustaceans
- 3 Eggs
- 4 Fish
- 5 Peanut
- 6 Soybeans
- 7 Milk
- 8 Nuts
- 9 Celery
- 10 Mustard
- 11 Sesame seeds
- 12 Sulphur dioxide
- 13 Lupin
- 14 Molluscs

CONTINENTAL

Juices

Freshly squeezed orange juice, chilled cranberry juice, chilled apple juice

Yogurts (7) , Fruits & Nuts (5,8,11, Almond, Hazelnuts)

Clonakilty fruit yogurt & natural yogurt, fresh seasonal melon & fresh berries, fresh grapefruit, seasonal fruit bowl, fresh fruit salad, earl grey tea-soaked prunes, selection of nuts (almond flakes, hazelnuts) and seeds

Cereals (1-wheat ,7)

Flahavans Irish granola(**1-wheat,8,seeds**), Kellogg's cornflakes(**1-wheat**), Kellogg's rice krispies(**1-wheat**), Kellogg's coco pops(**1-wheat**), Weetabix(**1-wheat**)

Breads & Mini Danish Pastries

selection of mini Danish pastries : cinnamon whirl (1-wheat,3,7,8), raspberry crown(1-wheat,3,7,8), maple pecan(1-wheat,3,7,8), apple crown(1-wheat,3,7,8) vanilla crown(1-wheat,3,7,8) , pain au chocolate (1-wheat,3,6,7,8), homemade brown soda bread (1-wheat,12,13), white or brown bloomer toast(1-wheat)

Cheeses & Charcuterie (7)

Continental Meats Selection, Irish Farmhouse Cheeses

HOT BREAKFAST

Vanilla Pancakes (1-wheat,3,7)

maple syrup & berry compote

Flahavans Irish Porridge (1-Oats,7)

berry compote & farm honey

Classic Eggs Benedict (1-wheat,3,12)

toasted english muffin, crispy bacon, hollandaise sauce & poached egg

Classic Eggs Florentine (1-wheat,3,12)

toasted english muffin, hollandaise sauce, spinach, & poached egg

Smashed Avocado (1-wheat,3,12)

two poached eggs, guacamole, hollandaise sauce and chilli oil on sourdough toast

Grilled Smoked Kippers (4)

lemon wedge

Classic Irish Breakfast (1-wheat,3,12 ,vegan option available,)

Allshires Irish bacon, pork sausages, Rosscarbery recipes black & white pudding, tomato, mushrooms, hash brown, baked beans, fresh West Cork fried egg or poached egg or scrambled egg

**(Some dishes may contain or come into contact with
gluten. We cannot guarantee that any menu item is
completely free of gluten)**

Freshly Brewed Barry's Tea and Maher's Coffee