

Pool

March 2020



Timetable

N.B Changing rooms will be closed during school lessons

Swim hats must be worn at all times
 Children under 16 must be supervised by an adult
 Children under 16 must vacate the pool at 19:00
Timetable is subject to change weekly

GREEN: Adults & Children BLUE: Adults Only
 YELLOW: Pool Closed WHITE: Pool Restricted

Monday	Pool Open 07:00-11:15		School Lessons 11:15-12:30 POOL CLOSED 2nd,9th,16th,23rd,30th		Pool Open 12:30-3:40		Swimming Lessons 3:40-7:00 POOL CLOSED		Pool Open 7:00-8:00 Adults Only		Aqua Aerobics 8:00-8:45 Pool restricted		Pool Open 8:45-10:00 Adults Only					
Tuesday	Pool Open 07:00-12:20			School Lessons 12:20-3:00 POOL CLOSED 3rd,10th,24th,31st		Pool Open 3:00-3:40		Swimming Lessons 3:40-7:00 POOL CLOSED		Adult Lessons 7:30-8:30 Pool restricted		Pool Open 8:30-10:00 Adults Only						
Wednesday	Pool Open 07:00-10:00		Aqua Aerobics 10:00-10:45 Pool restricted		Pool Open 10:45-12:00		School Lessons 12:00-2:30 POOL CLOSED 4th,11th,18th,25th		Pool Open 2:30-3:40		Swimming Lessons 3:40-7:00 POOL CLOSED		Pool Open 7:00-8:00 Adults Only		Aqua Aerobics 8:00-8:45 Pool restricted		Pool Open 8:45-10:00 Adults Only	
Thursday	Pool Open 07:00-12:00				Co-Action 12:00-1:00		Pool Open 1:00-3:40		Swimming Lessons 3:40-6:00 POOL CLOSED		Pool Open 6:00-7:00		Pool Open 7:00-10:00 Adults Only					
Friday	Pool Open 07:00-10:00		Aqua Aerobics 10:00-10:45 Pool restricted		Pool Open 10:45-12:50		School Lesson 12:50-2:15 POOL CLOSED 20th & 27th ONLY		Pool Open 2:15-3:40		Swimming Lessons 3:40-6:00 POOL CLOSED		Pool Open 6:00-7:00		Pool Open 7:00-10:00 Adults Only			
Saturday	Pool Open 08:00-10:15		Swimming Lessons 10:15-12:30 POOL CLOSED		Pool Open 12:30-2:30				Pool Open Children half price 2:30-5:00		Pool Open 5:00-7:00		Pool Open 7:00-8:00 Adults Only		Closed			
Sunday	Pool Open 08:00-2:30				Pool Open Children half price 2:30-5:00		Pool Open 5:00-7:00		Pool Open 7:00-8:00 Adults Only									